

CAL TRADITIONS

Perhaps nowhere else in America is the color and pageantry of college football better captured on autumn Saturdays than at the University of California and Memorial Stadium, which was judged to have the best view of any college stadium in the country by *Sports Illustrated*. The rich history of the Golden Bears on the gridiron has borne some of the most colorful and time-honored traditions in the sport today.

BLUE AND GOLD

Official colors of the University of California were established at Berkeley in 1868. The colors were chosen by the University's founders, who were mostly Yale men who had come West. They selected gold as a color representing the "Golden State" of California. The blue was selected from Yale blue. Cal teams have donned the blue and gold since the beginning of intercollegiate athletic competition in 1882.

GOLDEN BEARS

In 1895, the University of California track & field team was the dominant power on the West Coast and decided to challenge several of the top teams in the Midwest and East on an eight-meet tour that is now credited by many historians as putting Cal athletics onto the national scene. As a symbol of the University, Regent Arthur Rodgers, class of 1872, commissioned a blue silk banner emblazoned with a golden grizzly bear, the symbol of the state of California. The banner was carried by the team on its successful tour, which saw them win five of the eight competitions. Cal athletic fans were so ecstatic over the team's performance that Professor Charles Mills Gayley was inspired to write the song "The Golden Bear." Cal's athletic teams have been known as the Golden Bears ever since.

CARD STUNTS

The Cal rooting section is credited with establishing one of the most time-honored traditions in college football - performing card stunts at college football games. Cal began this activity for the 1910 "Big Game," a rugby match between California and Stanford. The original stunts performed that afternoon depicted the Stanford Axe and a big blue "C" formed on a white background.

The tradition is a crowd favorite at Memorial Stadium as several times each season Cal students perform as many as 10 different stunts, using more than 5,000 cards. The painstaking process of plotting the positions of the cards, which once took days to complete, is now aided by computers that add to the precision of the images produced in the card section.

CAL BAND

The University of California Marching Band has been a tradition at Berkeley for more than 100 years, exemplifying many of the best aspects of student life at one of the nation's most prestigious public universities. It boasts over 200 members, a student-run management and a unique high-step marching style, all of which combine to make it one of the most singular bands of its kind.

Formed as the R.O.T.C. Cadet Band in 1889, the Cal Band adopted its present name in 1923. It has performed across the country and around the world at such events as the Brussels World Fair in 1958, Expo '70 in Japan and a Bicentennial Tour of the United States in 1976. In 1980, the Band took to the stage with the San Francisco Ballet, and it was the official state band for the city's welcome to Queen Elizabeth II and Prince Phillip of Great Britain in 1983.



CALIFORNIA VICTORY CANNON

The California Victory Cannon was presented to the Rally Committee in time for the 1963 Big Game by the class of 1964. It is shot off at the beginning of each game, after each score and after each Cal victory. Only once, against Pacific on Sept. 7, 1991, did the Bears score too many times, racking up 12 touchdowns before the cannon ran out of ammunition. The cannon, which was originally kept on the sidelines, has been mounted on Tightwad Hill above Memorial Stadium since 1971.

TIGHTWAD HILL

For decades, enterprising Golden Bear fans have hiked to Tightwad Hill high above the northeast corner of Memorial Stadium. Not only does the perch provide a free look at the action on the field, but it also offers a spectacular view of San Francisco Bay and many of the area bridges to the west.



BIG 'C'

The Big "C" is located on Charter Hill above Memorial Stadium and was constructed in 1905 by the classes of 1907 and '08. The road up to the Big "C" was built in 1916 by the male members of the Cal student body in three-and-a-half hours, using 2,000 picks and shovels that were donated by the Southern Pacific Railroad. The Rally Committee became the custodians and guardians of the Big "C" some time after 1952. Since then, the Committee has been in charge of painting the "C" and protecting it from vandalism.

MARCH TO VICTORY

Cal began a new "tradition" in the fall of 2002 with the March to Victory. Approximately two-and-a-half hours before kickoff of each home game, more than 1,000 Golden Bear fans form a human tunnel outside the north end of Memorial Stadium to cheer on the team as it marches into the locker room.

SONGS OF CAL

While through the years Cal has collected numerous songs that are popular with its alumni and fans alike, two songs are regularly heard on football Saturdays. Those songs include the familiar fight song entitled "Big C," a brisk marching tune composed by N.S. McLaren and H.P. Williams of the class of 1914. The other is the Cal alma mater, "Hail to California," written and composed by Clinton R. "Brick" Morse, class of 1896.

HAIL TO CALIFORNIA

*Hail to California, Alma Mater Dear
Sing the joyful chorus, Sound it far and near.
Rallying 'round her banner, We will never fail.
California Alma Mater, Hail! Hail! Hail!*

BIG C

*California!
On our rugged Eastern foothills, stands our symbol clear and bold.
Big C means to fight and strive and win for Blue and Gold.
Golden Bear is ever watching. Day by day he prowls.
And when he hears the tread of lowly Stanford Red, from his lair he
fiercely growls!
(Yell: Gr-rr-rah, Gr-rr-rah, Gr-r, r-r-r, r-r-rah!)*

CAL SPIRIT

CAL SPIRIT GROUPS

The Cal Spirit groups are responsible for promoting all spirit-related activities at the University of California and are active at home events, as well as many away games. In addition, they act as ambassadors of the University by assisting with alumni functions, fund-raising events and other formal occasions promoting Cal spirit. The groups are the Rally Committee, Cal Dance Team, Cal Yell Leaders and the Cal mascot, Oski.

The **Rally Committee**, the oldest student group on campus, upholds school spirit and tradition. Above and beyond producing all rallies on campus, Rally Com is responsible for maintaining the Big C, displaying the California banner, the Cal flags, and constructing and executing card stunts at football games. Not to be forgotten is the California Victory Cannon, and when the Axe is in the possession of the Bears, the Committee is the custodian of the Axe.

The **Cal Dance Team** consists of 14 women who dance to traditional Cal fight songs and Cal Band rock songs. During the football season, they perform on a wooden platform that is elevated off the football field. During the basketball season, the team dances on the sidelines and on the basketball court during timeouts and performs entertaining half-time productions.

Cal Yell Leaders, also known as the Mic Men, are student leaders of the rooting sections at all Cal sporting events. In addition, they emcee at rallies, alumni and community events.

Oski, the official mascot of the University of California, has been a tradition at the school since making his debut during the 1941 football season. Prior to his arrival, live mascots were used at Memorial Stadium with varying degrees of success. It was decided in 1940 that a costumed mascot would make a more suitable alternative to a live bear.

Named after the popular "Oski Wow-Wow" yell, the Cal mascot is selected by the Oski Committee, a governing body that oversees all aspects of caring for the lovable Bear. Oski's identity is unknown to everyone, with the exception of the committee.

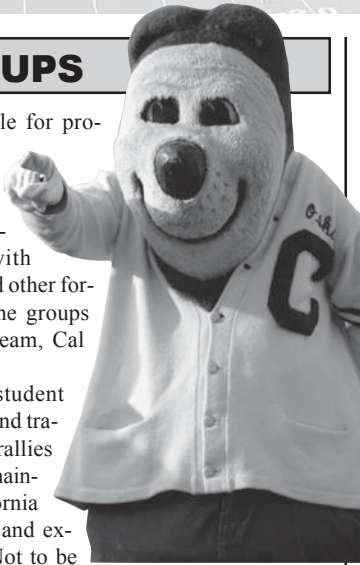
FUNZONE

Cal fans enjoy the biggest tailgate party in Berkeley every home football Saturday at FunZone. Located on Maxwell Family Field right beside Memorial Stadium, FunZone offers fans a chance to get revved up for the big game. And best of all ... admission is free. Each weekend, more than 5,000 fans take advantage of the food and live entertainment. Other features at FunZone, which opens 2 1/2 hours prior to kickoff, include a kids' area with interactive games, appearances by the Cal Marching Band and cheerleaders, and large screen TVs showing college football games from around the country.

CAL BEARENTS

Initiated in the fall of 1986, Cal Bearents has grown from an idea of six people into an organization numbering in the hundreds. Proud moms, dads, siblings, aunts, uncles, cousins, grandparents, in-laws and friends all gather together to share the Cal football experience with the players.

Because no one understands the triumphs and tribulations in an athlete's season as thoroughly as family and friends do, all Bearents share a special bond. Regardless of whether their player plays in a starring or supporting role, Bearents consistently provide a network of support for the players and for each other. In addition to extending an open invitation for all players to join family and friends for postgame barbecues after each home game, Bearents also participate in and coordinate various other events throughout the year with Cal Alumni and Bear Backers.



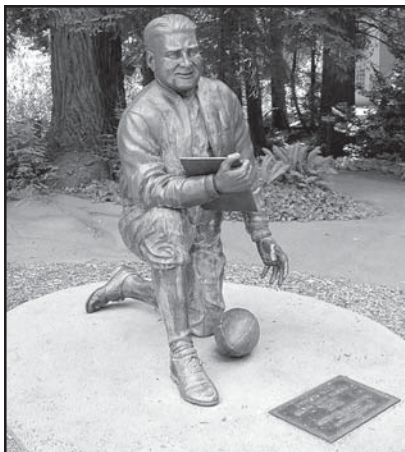
CALIFORNIA LETTERMAN'S CLUB

Cal's football alumni association, the California Letterman's Club, is an active organization that supports the Golden Bear program. Formerly known as the Sons of California, the group was created several years ago to continue the relationships that were forged inside Memorial Stadium. Each year, the Letterman's Club has a reunion at a home game and holds a fund-raising golf tournament in the spring. In addition, they sponsor a reception at the end of the year for graduating football players. For more information, contact the Athletic Development Office at 510-642-2710.

PAPPY'S BOYS

Founded in 1986, Pappy's Boys is an organization of more than 500 former Golden Bears who played under legendary Cal football coach Lynn "Pappy" Waldorf. Not only does the group get together to relive the success of the Cal team's during the Waldorf era, but it supports the program in many areas. Recent efforts include establishing a \$400,000 endowment for football scholarships and raising funds for the two most recent additions to campus statuary: that of Waldorf kneeling near Faculty Glade and the giant grizzly bear by Memorial Stadium.

Waldorf compiled a 67-32-4 record as head coach at Cal from 1947-56. For the 1948, '49 and '50 seasons, Waldorf guided the Bears to a 39-3-1 record and three consecutive Rose Bowls. He was inducted into the National Football Foundation Hall of Fame in 1966 and into the Cal Athletic Hall of Fame in 1987.



In the late 1990s, Pappy's Boys produced a book, "Pappy's Boys, The Rose Bowl Years: A Legacy of Winning," which was edited by *Sports Illustrated* writer Ron Fimrite and produced by former Cal quarterback Dick Erickson. The book contains 59 autobiographical essays by players, coaches, and others involved in the Waldorf Rose Bowls, plus a preface by Nobel laureate and former Cal chancellor Glenn Seaborg.

SAN FRANCISCO BAY AREA

The San Francisco Bay Area is a major metropolitan area of approximately six million people and one of the most scenic regions in the United States. The Bay Area includes the major cities of San Francisco and Oakland, as well as Berkeley, home of the world-renowned University of California. Just south is the city of San Jose and the Silicon Valley, home to many of the world's high-tech companies. The Bay Area also lies within easy driving distance of the high Sierra resorts of Lake Tahoe and Yosemite, the Monterey/Carmel peninsula, the world famous Napa wine country, and the spectacular Mendocino Coast.

Everyone knows "The City" – San Francisco – from countless photographs, movies and television shows that capture its magic. It is a city built on a series of more than 40 hills, offering panoramic views of every kind. The hub of a nine-county complex and the financial and insurance capital of the world, San Francisco has a resident population of about 740,000. San Francisco is situated on a 46.6 square-mile peninsula bounded on the west by the Pacific Ocean, on the north by the Golden Gate strait, and from north to east by the San Francisco Bay. The City has been named the world's top city twice by readers of *Condé Nast Traveler* and the top U.S. city seven times since 1988.

The San Francisco Bay is spanned by two landmarks, the Golden Gate and San Francisco-Oakland Bay bridges, and graced by four islands: Alcatraz, Angel, Yerba Buena and Treasure. The area is easily navigated by car, BART (Bay Area Rapid Transit), bus or ferry, making it easily accessible to all.

Located across the Bay Bridge from San Francisco, Oakland is a city of 400,000, jam-packed with exciting attractions, stimulating arts, and an ideal climate. Oakland's charm exceeds its man-made wonders, as its tumbling hills, vast forests, hiking and riding trails, beautiful lakes and numerous parks provide a natural escape for those who prefer nature over an urban environment.

Berkeley, just a 12-mile drive from San Francisco, is situated on 18.8 square miles with a population of 103,000 people. A study in contrasts, Berkeley is a small town with a big-city character. With its world-renowned



The Berkeley hills offer a spectacular, panoramic view of the San Francisco Bay Area, including the Golden Gate Bridge, Alcatraz Island and the Marin Headlands.

university, global population and rich diversity of cultural arts, Berkeley reflects and affects the rest of the country.

In the Berkeley hills, Tilden Regional Park offers more than 30 miles of hiking trails, a public golf course, swimming at Lake Anza and plenty of places to picnic. As part of its wealth of cultural life, Berkeley boasts the award-winning Berkeley Repertory Theatre, an opera company, a nationally celebrated symphony and a ballet company.

Just north of San Francisco, across the shining jewel of the Bay Area – the Golden Gate Bridge – lies Marin County and the North Bay. Stunning views of hills and mountains cascading into the bay and the ocean at every turn, Marin County boasts some of the most beautiful scenery in the world.

The Golden Gate National Recreation Area, the only U.S. national park in a major metropolitan area, is the largest urban park in the world. Muir Woods National Monument offers peaceful walks and hikes through majestic groves of towering redwoods, while Point Reyes National Seashore offers spectacular bird and whale watching.

Sports fans can see it all in the Bay Area – professional football (San Francisco 49ers, Oakland Raiders), professional basketball (Golden State Warriors), professional baseball (San Francisco Giants, Oakland Athletics), professional hockey (San Jose Sharks), professional soccer (San Jose Earthquakes), and outstanding collegiate competition.

Sources: S.F. Convention and Visitors Bureaus, Oakland Convention & Visitors Authority, Berkeley Convention and Visitors Bureau, and the California Trade and Commerce Agency.

TOP U.S. CITIES

1. San Francisco, CA
2. Santa Fe, NM
3. New York, NY
4. Charleston, SC
5. Chicago, IL
6. New Orleans, LA
7. Honolulu, HI
8. Boston, MA
9. Carmel, CA
10. San Diego, CA

Source: *Condé Nast Traveler* magazine, 2004 Readers' Choice Awards



2004-05 ATHLETIC HIGHLIGHTS

On the strength of an NCAA championship in women's crew and Top 5 finishes by men's gymnastics, women's golf and men's swimming, California placed 15th in the annual Directors' Cup standings for 2004-05 – the fifth time in the past six years the Golden Bears have finished in the Top 15.

In addition to women's crew, Cal placed fourth in men's swimming, and fifth in both women's golf and men's gymnastics. Other Top 10 standings came in softball (7th), women's swimming (8th), football (9th) and women's tennis (9th).

The Directors' Cup measures the best overall sports programs in the country and awards points based on final national standings in a maximum of 10 NCAA-sponsored sports for both men and women. Under those guidelines, Cal's national title in rugby and bronze medal in men's rowing – which do not compete under the NCAA umbrella – did not figure into the rankings.

Individually, 45 different athletes earned All-America honors in their respective sports, while women's crew coach Dave O'Neill was selected National Coach of the Year and O'Neill and men's crew coach Steve Gladstone was selected Pac-10 Coach of the Year.



2005 Women's Crew National Champions

NATIONAL TEAM CHAMPIONS

RUGBY

21st national title in program's history, 14th title in last 15 years

WOMEN'S CREW

First NCAA title in program's history

INDIVIDUAL NCAA CHAMPIONS

MEN'S GYMNASTICS

Graham Ackerman Floor Exercise

MEN'S SWIMMING

Duje Draganja 100 Butterfly, 100 Freestyle
Team 200 Free Relay, 200 Medley Relay, 400 Free Relay

CONFERENCE ATHLETE OF THE YEAR

Duje Draganja Men's Swimming
Valentina Godfrid Field Hockey

NATIONAL COACH OF THE YEAR

Dave O'Neill Women's Crew

CONFERENCE COACH OF THE YEAR

Steve Gladstone Men's Crew
Dave O'Neill Women's Crew

TOP 10 TEAM FINISHES

- Rugby (National champions)
- Women's Crew (NCAA champions)
- Men's Crew (IRA Third)
- Men's Swimming (NCAA Fourth)
- Women's Golf (NCAA Fifth)
- Men's Gymnastics (NCAA Fifth)
- Softball (NCAA Sixth)
- Men's Water Polo (Sixth)
- Women's Water Polo (Sixth)
- Women's Swimming (NCAA Eighth)
- Football (Ninth)

OTHER POSTSEASON PARTICIPANTS

Men's Cross Country NCAA Regionals
Women's Cross Country NCAA Regional Individuals
Football Holiday Bowl
Men's Golf Individual NCAA Regional
Men's Soccer NCAA Second Round
Women's Soccer NCAA First Round
Men's Tennis NCAA First Round
Women's Tennis NCAA First Round
Men's Track & Field NCAA Nationals
Women's Track & Field NCAA Nationals
Volleyball NCAA Second Round



Graham Ackerman



Duje Draganja

2004-05 ACADEMIC ALL-CONFERENCE

Baseball

Allen Craig (HM)
Matt Einspahr (1st team)
Brett Munster (HM)
Alex Trafton (HM)

Men's Basketball

Alex Pribble (2nd team)

Women's Basketball

Khadijah Coakley (HM)
Leigh Gregory (HM)
Kristin Iwanaga (2nd team)
Sarah Pool (HM)
Jacqueline Sanchez (HM)
Kiki Williams (1st team)

Men's Crew

Morgan Allen (2nd team)
Andre Bastos (1st team)
Peter Frings (1st team)
Michael Holbrook (2nd team)
Deaglan McEachern (1st team)
Jordan Mikes (2nd team)
David Puder (1st team)
Tobias Smith (2nd team)
Elizabeth Swaney (2nd team)
Vaclav Vochoska (1st team)
Howard Williams (2nd team)

Women's Crew

Gina Antonini (2nd team)
Kimberly Atkinson (2nd team)
Karin Clifton (2nd team)
Kirsten Hextrum (2nd team)
Natasha LaBelle (1st team)
Elizabeth Lee (1st team)
Naomi Markle (2nd team)
Erin Overweg (2nd team)
Ashley Smith (1st team)
Jessica Smith (2nd team)
Roberta Tonelli (2nd team)
Lindsey Wall (2nd team)
Sabine Zimmermann (2nd team)

Men's Cross Country

Dan Blomgren (1st team)

Women's Cross Country

Lauren Barbieri (HM)
Samantha Jones (HM)
Lindsey Maclise (HM)
Elizabeth Mayeda (HM)
Maja Ruznic (HM)
Lisa Sandoval (HM)
Brooke Wells (HM)

Field Hockey

Jessica Bird (1st team)
Briana Harney (1st team)
Lisa Hauck (1st team)
Verena Kuhk (1st team)
Emma Rapp (1st team)

Football

J.D. Cafaro (HM)
Jason Honey (2nd team)
Jonathan Giesel (1st team)
Derek Joyce (1st team)
Tom Sverchek (1st team)
Ryan Foltz (1st team)
L.P. Ladouceur (HM)
Mike McGrath (1st team)
Tim Mixon (HM)
Jonathan Murphy (HM)
Erik Robertson (HM)
Aaron Rodgers (2nd team)
Scott Smith (HM)
Craig Stevens (HM)
Byron Storer (2nd team)
Brian Tremblay (2nd team)

Women's Golf

Sofie Andersson (HM)
Claire Dury (HM)
Mika Takayama (HM)

Men's Gymnastics

Graham Ackerman (1st team)
Caleb Kirk (1st team)
Bromley Palamountain (1st team)
Chris Rodriguez (1st team)

Women's Gymnastics

My-Lan Dodd (1st team)
Lauren Shipp (HM)

Lacrosse

Molly Brady (1st team)
Meghan Bushnell (1st team)
Megan Cavalier (1st team)
Laura Cavallo (1st team)
Erin Hafkenschiel (1st team)
Hilary Lynch (1st team)
Liz Reifsnnyder (1st team)
Sunne Smith (1st team)
Schuyler Sokolow (1st team)
Erica Verdin (1st team)
Leanne Zilioli (1st team)

Men's Soccer

Pieter Berger (1st team)
Calen Carr (1st team)
Andrew Felder (2nd team)
Nick Hatzke (HM)
Matthew Holtrust (HM)
Noah Merl (2nd team)
Steven Purdy (HM)
Tyson Wahl (2nd team)

Women's Soccer

Nadia Al-Lami (HM)
Dania Cabello (HM)
Liz Eisenberg (HM)
Tracy Hamm (HM)
Anna Key (2nd team)
Alivia Mazura (HM)
Katie Ratican (HM)
Sierra Schlesinger (HM)
Ashley Sulprizio (HM)
Emily Ward (HM)
Jennifer Wendel (1st team)

Softball

Kelly Anderson (1st team)
Jessica Pamanian (2nd team)
Kaleo Eldredge (HM)

Men's Swimming & Diving

Eric Dunipace (1st team)
Christopher Gibson (1st team)
Rolandus Gimbutis (HM)
Paul Hernandez (1st team)
Alexander Holdridge (HM)
Evan Lane (HM)
Ryan Lean (1st team)
Graham Lentz (2nd team)
Caleb Rowe (1st team)
Jonas Tilly (2nd team)

Women's Swimming & Diving

Keiko Amano (HM)
Tara Capsuto (2nd team)
Lila Korpell (HM)
Gina Merlone (2nd team)
Marcelle Miller (2nd team)
Emma Palsson (HM)
Erin Reilly (HM)
Kelly Sanders (HM)
Kate Tiedeman (HM)

Men's Tennis

Patrick Briaud (1st team)
John Petit (2nd team)
Daniel Sebescen (1st team)
Dean Wallace (HM)

Women's Tennis

Jessica Shu (2nd team)

Men's Track & Field

Alexander Beitashour (2nd team)
Dan Blomgren (2nd team)
Adam Burgh (2nd team)
Craig Gallimore (HM)
David Glasgow (1st team)
Thomas Mack (HM)
Joseph Perkins (HM)
Greg Ross (1st team)
Kurt Seefeld (2nd team)
Brandon Williams (HM)

Women's Track & Field

Kelechi Anyanwu (HM)
Lauren Dorsey (HM)
Bridget Duffy (HM)
Alexandra Hunnings (HM)
Chloe Jarvis (HM)
Tiffany Johnson (HM)
Samantha Jones (HM)
Pippa Macdonald (HM)
Lindsey Maclise (2nd team)
Brooke Meredith (HM)
Danielle Navarre (HM)
Osarhiemen Omwanghe (2nd team)
Abby Parker (2nd team)
Maja Ruznic (HM)
Lisa Sandoval (2nd team)
Whitney Schmucker (HM)
Amanda Thornberry (HM)
Trinity White (HM)

Volleyball

Samantha Carter (HM)
Amanda Fox (HM)
Alexis Kollias (HM)
Alicia Powers (HM)
Natalie Smart (HM)

Men's Water Polo

Brian Bacharach (1st team)
Nathaniel Bennett (1st team)
Cameron Jones (1st team)
Kevin Platshon (1st team)
Derek Schauffler (1st team)
Andrija Vasiljevic (1st team)
Daniel Werner (1st team)

Women's Water Polo

Holly Farlin (1st team)
Amy Gardner (1st team)
Cameron Kliner (1st team)
Brittany Mohr (1st team)
Elsie Windes (1st team)

ACADEMIC SUPPORT PROGRAM

PROGRAM FOR STUDENT-ATHLETES

The Athletic Study Center, which is housed within the Division of Undergraduate Education, is the tutorial and academic support program for the nearly 1,000 student-athletes at Cal. Centrally located in the Cesar Chavez Student Center, the program provides a spacious and comfortable arboretum for quiet study, separate classrooms for individual and group tutorials, and a computer lab for word processing and required course work.

Geared around the understanding of the amount of time student-athletes must devote to practice, training, physical therapy and team travel, the program creates an environment where students can cultivate good study habits, receive individual or group tutoring and obtain counseling from academic advisors.

TUTORIAL PROGRAM

The Tutorial Program promotes and enhances students' academic skills and progress by providing individual tutoring, group workshops, study groups, credit courses and intensive special programs. The Athletic Study Center has between 50-60 tutors on staff per semester to guarantee that students receive the best possible support. Tutorial sessions are also offered at night enabling student-athletes to receive help after practices when they have more time to devote to studying.

ADVISING PROGRAM

The Advising Program offers a broad range of services to meet the unique needs of student-athletes, including assistance in understanding and complying with University, college and NCAA requirements, developing time management skills and resolving personal issues unique to student-athletes. During the freshman year, advisors typically try to help student-athletes make a successful academic transition from high school, while during the sophomore year, they assist student-athletes in making decisions on appropriate majors and fields of study. For the final two years, advisors take more of an exiting approach, ensuring that proper academic progress is being made towards graduation while referring juniors and seniors to areas on campus that can help with internships, graduate school applications and career planning.

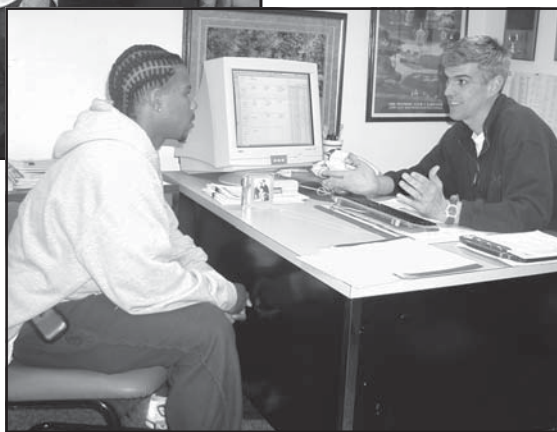
SPECIAL PROGRAMS

In addition, the Athletic Study Center offers a Summer Bridge adjunct program designed to help ease the transition from high school to college. The primary components for the program include writing and math workshops, an advising workshop, study skills seminars and an evening tutorial program.

Another special program offered is Peer Advising. Peer advisors provide academic and campus life guidance for new intercollegiate student-athletes. They are selected from junior and senior student-athletes who assist in developing programs to further address the needs of student-athletes.



The Athletic Study Center staff (from left): Christine Lane, Keiko Price, Courtney Dolder, Derek Van Rheenen, Melanie Moonsamy, Joe Morello, Lucas Moosman, Richard DeShong and Laura Neustedter.



Advisor Joe Morello, right, discusses academic scheduling with Marcus O'Keith at the Cesar E. Chavez Student Center.

One of the real success stories for the University of California is the development and growth of a comprehensive academic support program for its student-athletes – the Athletic Study Center.

In 1984, campus officials and Athletic Department administrators decided that a greater emphasis needed to be placed on helping Cal student-athletes with their academic pursuits. The Athletic Study Center was thus born and charged with developing an academic support program geared to the needs of NCAA Division I student-athletes. It was a significant development for an academically oriented institution such as Cal to recognize the special needs required for a modern student-athlete's success both as an athletic competitor on the field of play and in the classroom.

DEREK VAN RHEENEN, PH.D.

Director



Derek Van Rheenen, a former Cal soccer player and coach, begins his fifth year as Director of the Athletic Study Center this fall.

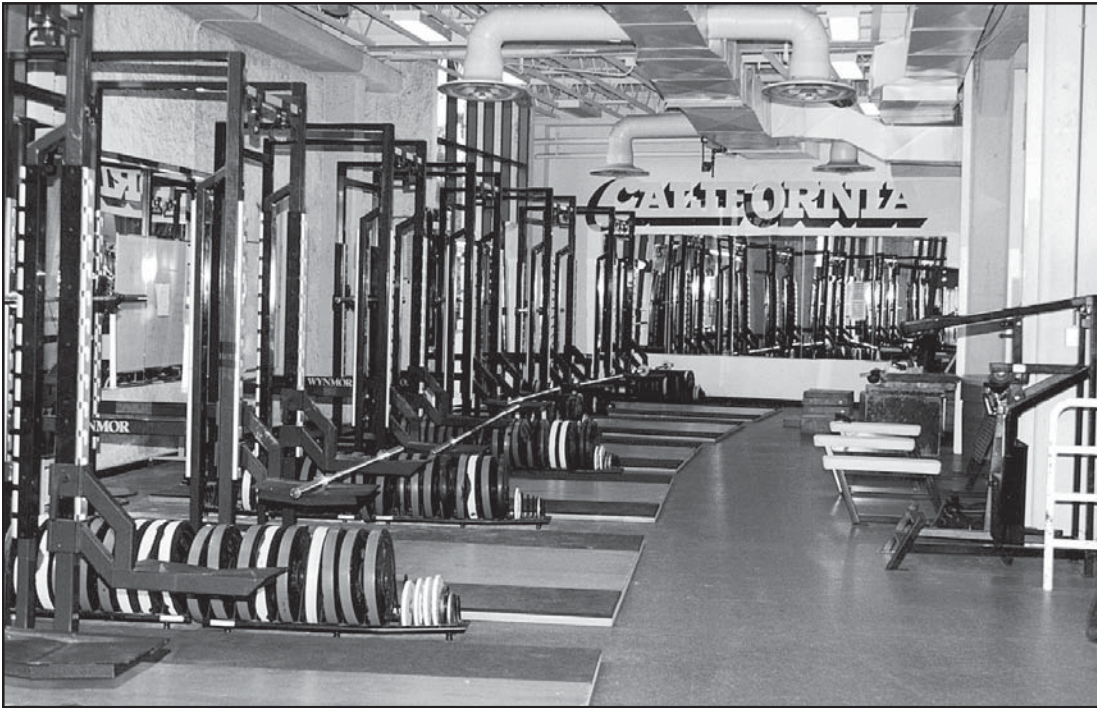
Van Rheenen joined the ASC in 2001 and has served on the Cal faculty since 1997, where he teaches courses in American Studies and in the School of Education.

As an undergraduate at Cal, Van Rheenen was a four-year starter for the Bears and a three-time all-conference player in the mid-1980s. As a senior, he was selected Cal's MVP and an Academic All-American.

Following graduation, Van Rheenen competed with the U.S. National "B" team and with the San Francisco Bay Blackhawks professional team. He also served as an assistant coach for the Bears for several years.

Van Rheenen received his bachelor's degree from Cal in political economy of industrial societies (PEIS) and German in 1986. He added a master's degree in education in 1993 and a Ph.D. in interdisciplinary studies in 1997, both from Cal.

STRENGTH & CONDITIONING



pounds of Olympic bars and bumper plates, and an array of aerobic and anaerobic equipment. The picturesque facility offers panoramic views of the entire region, including San Francisco and the Bay. Originally opened in Memorial Stadium in 1983 as part of the Cal Sports 80s facility project, the facility now has expanded to more than 5,000-square feet of space for Cal's football team and other athletic squads.

The training regimen at Cal is a year-round process that emphasizes improving athleticism. With closely monitored workouts that involve a great deal of individual instruction and attention, student-athletes are taught the correct techniques to increase their ability to perform at their peak during competition.

Cal's program stresses comprehensive training in order to improve both strength and speed.

An integral part of Cal Football is the strength and conditioning department. The program's philosophy is geared towards helping each student-athlete achieve the highest level of athletic development and injury prevention.

By teaching how all the components of strength and conditioning fit together, student-athletes understand how to maximize power as it applies to sports. This includes enhancement of speed, strength, agility and flexibility, which results in improved power. Motivating, educating and helping to reach maximum athletic development is the primary focus of the Cal program.

The Cal weight room includes eight Olympic platforms, more than 15,000

Flexibility is a key component because it is essential for developing athleticism and agility. It also improves the running mechanics needed for acceleration and deceleration, both essential for playing football.

Athlete workouts are position-specific and closely monitored by the conditioning staff, who work in collaboration with the entire sports medicine team (doctors, athletic trainers, physical therapists, nutritionists, etc.) to ensure the health and safety of all of student-athletes.

In this way, Cal's strength and conditioning program is a vital component linking the "full circle" of a student-athlete's physical development from conditioning through rehabilitation and re-conditioning.

FOOTBALL STRENGTH AND CONDITIONING STAFF

JOHN KRASINSKI

Head Strength and Conditioning Coach



John Krasinski, who has more than 14 years of major college experience, enters his fourth season as Cal's head strength and conditioning coach for Memorial Stadium. During his career, he has trained more than 60 players who have gone on to the NFL.

Prior to moving to Cal, Krasinski spent two years as head strength and conditioning coach at Northern Arizona. From 1996-2000, he was an assistant at Oregon, where he first got to know head coach Jeff Tedford. Krasinski's other stops have been at Colorado State (1993-96) and Rutgers (1991-92).

Krasinski received his bachelor's degree in sports medicine from Montana State in 1990 and his master's degree in exercise physiology from Oregon in 1998. He and his wife, Summer, have one son, Johnhenry.

SCOTT O'DELL

Assistant Coach



Scott O'Dell begins this fourth year as an assistant coach in Cal's strength and conditioning program this fall. He works primarily with Golden Bears' football, lacrosse, field hockey and softball teams.

O'Dell came to Cal after serving as a graduate assistant at San Jose State from January 2001 through May 2002. He was also an intern at Kansas State in the fall of 2000.

On the field, O'Dell played linebacker at William Jewell College in Liberty, Mo., from 1995-99. After transferring, he earned his bachelor's degree in sports science from Central Missouri State in 2000. O'Dell received his master's in kinesiology from San Jose State in 2002.

SPORTS MEDICINE & TRAINING

Golden Bear student-athletes are privileged to be supported by one of the top medical staffs in college athletics along with some of the most modern training and rehabilitation equipment in the country. The comprehensive program features state-of-the-art facilities, as well as a staff of acclaimed practitioners of all areas of sports medicine.

The spacious Golden Bear athletic training facility is located inside Memorial Stadium adjacent to the Weight Training Room, and includes more than 3,000-square feet of rehabilitation equipment, hydrotherapy space and an extensive pre-practice preparation area. Separate weight training and sports medicine facilities are also located in the Paul F. White Sports Medicine Complex at Haas Pavilion.

In addition, Cal athletes also use University Health Services (UHS), which oversees and supervises sports medicine services to all injured or ailing Golden Bear athletes. The UHS, housed in the Tang Center, is recognized as the largest and most comprehensive campus health service in the country. It provides access to physician clinics, laboratory services, X-ray and other ancillary services such as sports nutrition and counseling. The sports medicine area is supervised by Dr. Bill Coysh, Ph.D., who is also actively engaged in sports psychology.

The expert staff of team physicians is headed by Cindy Chang, M.D., a family physician and sports medicine specialist. The staff features specialists from the fields of orthopedic surgery, family medicine, internal medicine, physiatry and podiatry. The medical staff, with their diverse backgrounds and areas of expertise, has vast experience treating injured athletes on every level of competition, including Olympic and professional athletes.

Cal's athletic training staff boasts 14 certified athletic trainers, including two physical therapists, and 30 student athletic trainers. The staff tends to the day-to-day health care needs of Cal athletes in 27 different sports,



including the evaluation and treatment of injuries and illnesses. The rehabilitation of injuries is also the responsibility of the athletic training staff, with additional assistance from the staff physical therapists. The trainers also provide coverage at home and away athletic contests, and practices are staffed on a full-time basis.

Whether it's for taping, physical therapy or the prompt recovery from an illness or injury, Golden Bear student-athletes have the full confidence that Cal's medical staff will provide the best care available with one of the most progressive treatment and rehabilitation programs in the country.

SPORTS MEDICINE & HEALTH SERVICES STAFF

CINDY CHANG, M.D.

Head Team Physician



Dr. Cindy Chang has served as head team physician for Cal's 27 athletic teams since 1995. Prior to coming to Cal, she was an assistant team physician for Ohio State and an assistant professor in the Department of Family Medicine at OSU's College of Medicine.

Dr. Chang is recognized as one of the leading primary care sports medicine physicians in the country. She has published articles and contributed to textbooks in sports medicine, and is a frequent presenter at national medical conferences.

She was an elected member of the Board of Directors for the American Medical Society of Sports Medicine (AMSSM), and has also served on the Medical Education Committee for the American College of Sports Medicine. She currently serves as secretary on the Board of Directors for the AMSSM Foundation. Chang also worked at the U.S. Olympic Training Center in Colorado Springs and was part of the USA medical team for the Winter Paralympic Games in Nagano, Japan, in 1998 and in Salt Lake City in 2002.

As an assistant clinical professor at UC Davis and UCSF, she remains actively involved in the education of medical students, residents and fellows. Chang was the 2003 recipient of the AMSSM Founders Award, given to a sports medicine physician who demonstrates outstanding professional achievement and service to the community.

After earning both her bachelor's ('84) and medical ('89) degrees from Ohio State, Chang completed her family practice residency at UCLA before returning to Ohio State for a fellowship in sports medicine. She and her husband, Chris Hudson (Cal '88), live in Berkeley with their daughter, Carlin, and son, Joseph.

RYAN COBB

Head Athletic Trainer



Ryan Cobb enters his seventh year with Cal Sports Medicine this fall and is responsible for coordinating care in both the Memorial Stadium and Haas Pavilion athletic training rooms. He works directly with the football program, as well as the men's and women's golf teams.

A native of Atlanta, Cobb graduated from Vanderbilt with a degree in human development in 1997. He then came to Cal to complete his graduate assistantship, and he was hired full time after completing his master's degree in exercise physiology at Cal State Hayward.

Cobb returned to Vanderbilt in 2001 and served as athletic trainer for football and baseball in 2002. He came back to the Bay Area as head athletic trainer at Saint Mary's College in Moraga in January 2003 before returning to Cal in the fall of '03. Cobb and his wife, Jennifer, reside in Pleasant Hill.

2005 CALIFORNIA SPORTS MEDICINE STAFF



(L to R) FRONT ROW: David Walden, ATC; David Stenger, ATC; Jason Miyamoto, ATC; Ryan Cobb, ATC, Head Athletic Trainer; Helen Pak, RD; Lynn Schankliess, ATC, PT; Linda Smith, ATC; Lisa Macdonald, ATC; Deirdre McLoughlin, PT; Barry Parsons, ATC; Brian Schulman, ATC; Arsenio Tovar, ATC. MIDDLE ROW: Maureen Lee, DPM; Aleta Martinez, Administrative Assistant; Mark Chan, MD; Robert Agee, MD; Tim Dutra, DPM; Howard Lin, MD; Cindy Chang, MD, Head Team Physician; Craig Dennis, MD; Jeffrey Mann, MD; Dev Mishra, MD; Whitney Johnson, DDS; Mathias Masem, MD. BACK ROW: Joshua Hatch, MD; Robert Eppley, MD; Derric DesMarteau, DDS; Chad Roghair, MD; Roger Iliff, MD; Jeff Nelson, MD, Associate Team Physician; Clement Jones, MD; William Coysh, PhD, Manager. NOT PICTURED: Christina Allen, MD; J.C. Buller, MD; John Cummins, MD; Lamont Cardon, MD; Peter Dietrich, MD, MPH; Elaine Garcia, ATC; Gerald Keane, MD; Anthony Luke, MD; Harris Masket, MD; Andrew Ness, MD; Carol Rogers, ATC; Marc Safran, MD; Dan Westbrook, Athletic Billing Coordinator; William Workman, MD.

The success of our sports medicine program would not be possible without the support and expertise of our medical specialists in the community, representing all areas of sports medicine.

PRIMARY CARE TEAM PHYSICIANS

Dr. Robert Agee Jr. is head of the primary care sports medicine program at Kaiser-Hayward and a medical consultant for NFL Europe. He trained in family medicine at UCSF Fresno and completed a sports medicine fellowship at the American Sports Medicine Institute in Birmingham, Ala.

Dr. J.C. Buller completed medical school at UC San Diego, residency training in family medicine at Loma Linda University, and a sports medicine fellowship at the San Diego Sports Medicine Center. He is in private practice in Napa.

Dr. Craig Dennis is board-certified in emergency medicine and has been in active practice since 1973. He has a special interest in water polo, where his daughter was a Cal goalie.

Dr. Roger Iliff sees patients in Berkeley and Lafayette, and has been a valuable member of our program since 1980. Many coaches and other Athletic Department staff select him as their personal family physician.

Dr. Howard Lin completed residency training in internal medicine at Loyola University and fellowship training in sports medicine at Kaiser Permanente, Santa Clara. Dr. Lin sees patients at the Kaiser Santa Clara Sports Medicine Clinic and has been an integral member of our team since 1997.

Dr. Anthony Luke is the Director of Primary Care Sports Medicine at UCSF. He attended the University of Toronto, Canada, for his medical school and family practice residency, and completed his fellowship in sports medicine at Harvard at the Children's Hospital of Boston.

Dr. Andrew Ness is a family physician in Antioch and has practiced sports medicine since 1976. After attending medical school in Australia, he received his residency training in New Zealand and Canada, and is board-certified in family practice and sports medicine.

Dr. Chad Roghair initially joined Cal in 2002 as an associate team physician and head physician for Urgent Care at University Health Services, and is now in private practice in Berkeley. He played football at Princeton University then earned his medical degree from Loma Linda University and trained in family medicine and sports medicine at Kaiser Permanente-Fontana.

ORTHOPEDIC TEAM PHYSICIANS

Dr. Christina Allen played soccer and earned her biomedical engineering degree at Duke, then attended UCLA School of Medicine. She completed her orthopedic surgery residency and sports medicine and shoulder surgery fellowship at the University of Pittsburgh Medical Center before joining UCSF as an assistant professor.

Dr. Lamont Cardon, a former Cal football player, is our orthopedic consultant for hand, wrist and upper extremity injuries and practices in Berkeley. He attended Chicago Medical School, completed his orthopedic residency at St. Lukes/Roosevelt Hospital in New York, and then completed an extensive hand fellowship in Japan, Italy and New York.

Dr. John Cummins is our orthopedic sports medicine consultant and is in practice at Kaiser-Oakland. He attended Cornell, then received his medical degree from the University of Illinois and orthopedic residency training at Southern Illinois University. He completed a fellowship in sports medicine at the Cincinnati Sports Medicine and Orthopaedic Center.

Dr. Robert Eppley is our chief orthopedic sports medicine consultant and is in private practice in Berkeley. After playing basketball at Swarthmore College, he attended Case Western Reserve University for medical school, trained in orthopedics at Tufts University, then completed a sports medicine fellowship at the Southern California Orthopedic Institute. He is repeatedly voted one of "Bay Area's Best Doctors" by fellow physicians.

Dr. Joshua Hatch is an orthopedic sports medicine consultant and in practice at Kaiser-Oakland. After playing football at Princeton, he went to Georgetown Medical School, then completed his orthopedic residency at UCLA and his fellowship in sports medicine at the Hospital for Special Surgery in New York City.

Dr. Clement Jones is our orthopedic spine consultant in private practice in San Francisco. He played football at Merrimack College in Massachusetts, attended Tufts Medical School, then completed both his orthopedic residency training and a spine orthopedic fellowship at Vanderbilt, with additional spine fellowship training at the Kerlan-Jobe Clinic.

Dr. Jeffrey Mann is our orthopedic foot and ankle consultant in private practice in Oakland. He was a gymnast at Massachusetts Institute of Technology, then returned to California for medical school (UC Davis), orthopedic residency (UCSF) and fellowships in sports medicine and foot and ankle surgery.

Dr. Mathias Masem is our orthopedic consultant for hand, wrist and upper extremity injuries, and Chief of the Division of Hand Surgery at Alta-Bates Summit Medical Center. He trained in orthopedic surgery at UCSF, then completed both clinical and research upper extremity and hand surgery fellowships before entering private practice in Oakland.

Dr. Dev Mishra is our orthopedic sports medicine consultant surgeon in private practice in Walnut Creek and Burlingame, and is a consultant to the AC Milan soccer team. He received his undergraduate degree from Yale, followed by medical school and orthopedic surgery residency at UCSD and a sports medicine fellowship at UCSF.

Dr. Marc Safran is a former tennis player at Cal and the Chief of Sports Medicine at UCSF. After Duke medical school, he completed his orthopedic residency at UCLA, then completed a sports medicine and shoulder surgery fellowship at the University of Pittsburgh and a fellowship at the National Institute of Health (NIH).

Dr. William Workman is in private practice in Walnut Creek and is one of our orthopedic sports medicine consultants. A graduate of Cal and member of the 1988 College World Series team, he played professional baseball before completing an orthopedic residency at Yale and a sports medicine fellowship at Harvard Medical School.

PHYSIATRIST TEAM PHYSICIANS

Dr. Mark Chan, a former football player at Hawaii, sees our student-athletes in consultation for neck and back injuries, as well as nerve disorders. He is board-certified in Physical Medicine and Rehabilitation, and Electrodiagnostic Medicine, and has a private practice in Oakland.

Dr. Gerry Keane specializes in non-operative injuries of the spine and nerves. In private practice in Menlo Park, he is also an assistant clinical professor with the Department of Physical Medicine and Rehabilitation at Stanford.

TEAM PODIATRISTS

Dr. Tim Dutra practices in San Leandro and at Cal State East Bay's Student Health Center, and is president-elect of the American Academy of Podiatric Sports Medicine.

Dr. Maureen Lee is in private practice in San Francisco and also serves as a consultant for San Francisco State's athletic program.

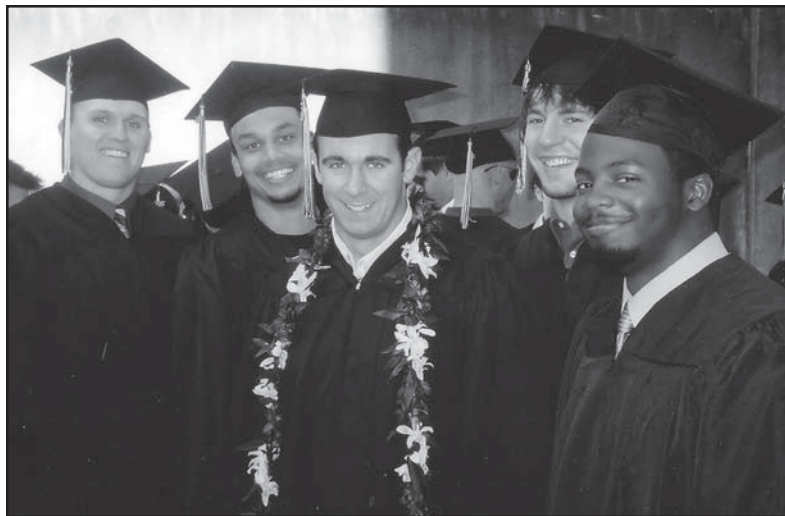
TEAM DENTISTS

Our team of sports dentistry specialists provides emergency dental care, performs oral exams during pre-participation physicals and fabricates protective mouth guards for student-athletes.

Dr. Derric DesMarteau practices in Piedmont and is also the team dentist for the Golden State Warriors and Oakland Raiders.

Dr. Whitney Johnson practices in Berkeley and is a fellow in the International Academy for Sports Dentistry, and a board director on the Berkeley Dental Society.

STUDENT PROGRAMS



Among the football players who participated in 2005 graduation ceremonies were (at left, from l to r) Brandon Hall, Reggie Robertson, J.D. Cafaro, Sid Slater and Perron Wiley. Below (l or r), Francis Blay-Miezah, Terrell Williams and Geoff McArthur.



There is more to life than wins and losses, and University of California student-athletes have the opportunity to learn that lesson through participation in an NCAA program – CHAMPS/Life Skills – which is designed for athletes to get more out their college years than just what they experience in the athletic arena. The program helps students by concentrating in four major areas: Academics, Career Development, Community Service and Personal Development.

CAREER DEVELOPMENT

The career development portion of the Life Skills Programs offers student-athletes opportunities to prepare themselves for life after college through activities such as Career Night, a summer job program and resume writing workshops. This past year, more than 200 athletes attended Career Night, which featured 25 fields, four career development workshops and interaction with professionals in the working world. This program, sponsored by the Big C Society for over a dozen years, has proven to be a valuable source of contact with successful Cal alumni and has initiated career paths for many Golden Bear athletes.

COMMUNITY SERVICE

Cal's student-athletes exhibit a strong commitment to the community. They participate in a variety of activities such as community-sponsored Big Brother/Big Sister programs and mentor relationships with under-privileged youth, as well as Cal's Athletic Speakers' Bureau and team service projects. In doing so, the student-athletes serve as ambassadors between the University and the community and as role models to children.

The Athletic Speakers' Bureau receives requests from local schools and community organizations for student-athletes to speak to kids ranging from kindergarten to high school. The student-athletes are trained to address a wide variety of wellness-related topics in addition to emphasizing the importance of education and maintaining self-esteem. The goal is to encourage and support young students in finding a path to productive and healthy futures, free from reliance on harmful substances.

PERSONAL DEVELOPMENT

Former Cal soccer player Derek Van Rheenen teaches a groundbreaking class that directly addresses the personal development of freshmen student-athletes. This class, Education 75: Sport, Culture and Education, addresses the socio-cultural context of sport and higher education as well as each individual's relationship to this particular context, by melding subjective experience with objective and critical analysis.

Through their involvement in the Life Skills Program, Cal student-athletes are prepared to be productive and successful adults when they graduate from the university and move on to their next challenge in life.

CAL IN THE COMMUNITY

Many Cal student-athletes have been active participants in various student-mentor programs with low-income and/or minority youth in the East Bay community. Working in conjunction with the Stiles Hall Foundation, Cal athletes have been paired with young students in a mentor/role-model project, often growing to be a part of the child's extended family. These student-athletes are a positive force in assisting youth to stay in school, eventually enter college and succeed as members of the community.

STUDENT-ATHLETE ADVISORY COUNCIL

With representatives from all 27 sports at Cal, the Student-Athlete Advisory Council serves as the Department's student-athlete advisory committee. Not only does the group work to improve interaction between athletes, coaches and administrators, but it also works with other campus organizations to enhance the student-athlete experience. Among the areas of emphasis are student-athlete welfare, student-athlete image, community service, community building and communication. The Council recently developed a student-athlete website and newsletter and was effective in increasing student-athlete support for each of Cal's teams.

STUDENT MENTOR PROGRAM

The Student-Athlete Mentor Program was created to promote the overall health of student-athletes by encouraging their well being both on and off the field. SAM peer advisors provide early identification and intervention on a variety of health-related topics, including nutrition, stress/time management and mental health. The goal of the SAM program is to provide selected students with the knowledge, skills and motivation to become agents of change both in their own lives and in the life of their team.

BIG C SOCIETY

The Big C Society is a group of athletes, men and women, who share a common bond: they have distinguished themselves by their athletic skill and/or unwavering dedication to Cal Athletics. The purpose of the Big C Society is to encourage and support the athletic program through an uncompromising commitment to excellence.

Among the many activities sponsored by the Big C Society are: the Cal Athletic Hall of Fame Dinner, Student-Athlete Career Night, the Honors Celebration Luncheon, first-year varsity letter awards and beginning and end-of-the-year picnics for all Cal student-athletes.

PAC-10, FUTURE SCHEDULES

2005 PACIFIC-10 CONFERENCE COMPOSITE SCHEDULE

Date	Arizona	Arizona St.	CALIFORNIA	Oregon	Oregon St.	Stanford	UCLA	USC	Washington	Washington St.
Sept. 1		Temple								Idaho
Sept. 3	at Utah		Sacramento St.	at Houston	Portland St.		at San Diego St.	at Hawaii	vs. Air Force*	at Nevada
Sept. 9			at Washington	Montana	Boise St.		Rice		California	
Sept. 10	No. Arizona	at LSU	at Washington	Fresno St.	at Louisville	at Navy	Oklahoma	Arkansas	Idaho	vs. Grambling**
Sept. 17	Purdue	Northwestern	Illinois			UC Davis				
Sept. 23			at N. Mexico St.							
Sept. 24		at Oregon St.		USC	Arizona St.			at Oregon	Notre Dame	
Oct. 1	at California	USC	Arizona	at Stanford	Washington St.	Oregon	Washington	at Arizona St.	at UCLA	at Oregon St.
Oct. 8	at USC	Oregon	at UCLA	at Arizona St.	at California	at Washington St.	California	Arizona	at Oregon	Stanford
Oct. 15	Stanford		Oregon St.	Washington	at UCLA	Arizona St.	Oregon St.	at Notre Dame	at Oregon	UCLA
Oct. 22	Oregon	at Stanford	Washington St.	at Arizona	Arizona	UCLA	at Stanford	at Washington St.	USC	at California
Oct. 29	at Oregon St.	Washington	at Oregon	California	Arizona	UCLA	at Stanford	Washington St.	at Arizona St.	at USC
Nov. 5	UCLA	at Washington St.	USC	at Washington St.	at Oregon St.	at USC	at Arizona	Stanford	Oregon St.	Arizona St.
Nov. 12	Washington	at UCLA	at Stanford	Oregon St.	at Oregon	California	Arizona St.	at California	at Arizona	Oregon
Nov. 19								Fresno St.	Washington St.	at Washington
Nov. 25	at Arizona St.	Arizona				Notre Dame				
Nov. 26							at USC	UCLA		
Dec. 3										

*Played at Qwest Field
**Played in Seattle

FUTURE SCHEDULES 2006

Sept. 2	at Tennessee
Sept. 16	Minnesota
Sept. 23	Arizona State
Sept. 30	at Oregon State
Oct. 7	Oregon
Oct. 14	at Washington State
Oct. 21	Washington
Oct. 28	Louisiana Tech
Nov. 4	UCLA
Nov. 11	at Arizona
Nov. 18	at USC
Nov. 25	Stanford

2007

Sept. 1	Tennessee
Sept. 8	Colorado State
Sept. 22	Arizona
Sept. 29	at Oregon
Oct. 6	at Washington
Oct. 13	Oregon State
Oct. 20	at UCLA
Oct. 27	at Arizona State
Nov. 3	Washington State
Nov. 10	USC
Nov. 17	at Stanford

One game TBA

2005-06 PAC-10 BOWL AFFILIATIONS

Dec. 22	Pioneer PureVision Las Vegas Bowl Pac-10 #5 vs. Mountain West Las Vegas, NV, 5 p.m. (ESPN)
Dec. 27	Insight Bowl Pac-10 #4 vs. Big East Phoenix, AZ, TBA (ESPN)
Dec. 29	Emerald Bowl Pac-10 #6 vs. Mountain West San Francisco, CA, 1:30 p.m. (ESPN)
Dec. 29	Pacific Life Holiday Bowl Pac-10 #2 vs. Big 12 #3 San Diego, CA, 5 p.m. (ESPN)
Dec. 30	Vitalis Sun Bowl Pac-10 #3 vs. Big Ten #5 El Paso, TX, 11 a.m. (CBS)

BCS BOWLS

Jan. 2	Tostitos Fiesta Bowl Tempe, AZ, 2 p.m. (ABC)
Jan. 2	Nokia Sugar Bowl New Orleans, LA, 5:30 p.m. (ABC)
Jan. 3	FedEx Orange Bowl Miami, FL, 5 p.m. (ABC)
Jan. 4	Rose Bowl* Pasadena, CA, 5 p.m. (ABC)

*National Championship game
All times Pacific Time and subject to change